

Yoga Adventure in Tanzania (14 days)

We offer a unique yoga retreat package offering the perfect blend of relaxation, adventure and wellness. One of the highlights of the stay is the accommodation, a converted colonial-era property set in stunning private grounds combining beautiful gardens, stables, woodland and an organic trout farm. Total privacy, tranquillity, and luxury are assured. The trip includes ten yoga classes for beginners/intermediates; 3 organic meals a day plus healthy snacks prepared by professional chefs; bush and beach excursions; horse riding, canoeing, an aqua-culture experience and coffee farm tour.

Day 1: Arrive in Arusha

Transfer from Kilimanjaro International Airport to your accommodation in Arusha. Welcome dinner.

- Dinner and overnight at: Ngare Sero Mountain Lodge (<http://www.ngare-sero-lodge.com/>)

Day 2: Ngare Sero

Relax and explore the beautiful converted colonial farmhouse where you are staying. The lodge is set amid forest populated by monkeys and different species of birds. Some of the ingredients for lunch will come from the lodge's garden. Take a guided nature walk to learn about flora and fauna. Afternoon tea with vegan cookies will be served. There will be sunset yoga and meditation before dinner. An evening cocktail around the fire is also offered.

- Dinner and overnight at Ngare Sero

Day 3: Arusha National park

Yoga and meditation at sunrise followed by breakfast. Drive to Arusha National Park with vegan lunchboxes for a game drive and hike. Canoeing is also possible before a final game drive. Enjoy afternoon tea with vegan cookies. Sunset yoga and meditation at the lodge. Evening cocktail around the fire and dinner.

- Dinner and overnight at Ngare Sero

Day 4: Town Tour to Arusha

After morning yoga and breakfast, head to Arusha town to visit the Masaaai Craft Market and Cultural Heritage Centre. Lunchtime visit to Shanga House, a community project for disabled people making amazing craft work (www.shanga.org) and lunch at the adjoining restaurant. Afternoon tea with vegan cookies. Sunset yoga & meditation. Evening cocktail around the fire and dinner.

- Dinner and overnight at Ngare Sero

Day 5: Coffee Farm Tour

After morning yoga, meditation and breakfast, take a full-day organic coffee farm tour. Picnic lunch provided. Tour includes a hike, school/orphanage visit plus farm tour. Afternoon pool time plus afternoon team with vegan cookies. Sunset yoga & meditation. Evening cocktail around the fire and dinner.

- Dinner and overnight at Ngare Sero

Day 6: Cooking Class

After morning yoga, meditation and breakfast, take a vegan cooking class. This session will be organised by the Ngare Sero chef's team. Afterwards, a special lunch with many local ingredients will be served. During the afternoon you can take a self-guided bird-spotting walk or spend time with a book under the beautiful trees in the grounds. Afternoon tea with vegan cookies. Sunset yoga and meditation. Evening cocktail around the fire and dinner.

- Dinner and overnight at Ngare Sero

Day 7: Eco-Farm tour at Ngare Sero Trout Farm & Horse Riding

After yoga, meditation and breakfast, take a guided tour of the Trout Farm. Learn about the environmentally-friendly methods of aquaculture. Later you have the option of riding horses nearby. Lunch will include many local ingredients. Afternoon tea with vegan cookies. Sunset yoga and meditation. Evening cocktail around the fire and dinner.

- Dinner and overnight at Ngare Sero

Day 8: Tarangire National Park

After breakfast, drive to Tarangire National Park with a picnic lunch. Enjoy a game drive for amazing encounters with the wildlife of the park. Head to a luxury camp or lodge for dinner.

- Dinner and overnight at: Tarangire River Camp or Lodge (<http://mbalimbalilodge.com/lodges>)

Day 9: Ngorongoro Crater

After breakfast, enjoy a morning of relaxation at the camp or lodge. After lunch, depart for Ngorongoro Crater. Enjoy a game drive through this stunning concentration of wildlife and amazing terrain before leaving for your accommodation.

- Dinner and overnight at: Ngorongoro Farm House (www.tanganyikawildernesscamps.com)

Day 10: Ngorongoro Crater

Depart from your accommodation after a leisurely breakfast and enjoy a full-day game drive through the Ngorongoro Crater. A picnic lunch is provided.

- Dinner and overnight at: Ngorongoro Farm House

Day 11: Ngorongoro – Arusha – Zanzibar

After breakfast drive to Arusha for lunch and then connect with an evening flight from Kilimanjaro Airport to Zanzibar. On arrival, take a roadtransfer to your hotel/lodge. Have a welcome drink, check-in and enjoy the beach before dinner.

- Dinner and overnight at: Ocean Paradise (<http://www.oceanparadisezanzibar.com/>)

Day 12-13: Zanzibar

After breakfast, spend a full day of leisure at the beach or enjoy a variety of water sports (charges apply). There is the option of: a half-day spice farm tour, a visit to historic Stone Town and other excursion options.

- Dinner & overnight at: Ocean Paradise

Day 14: Zanzibar – Home

After breakfast, drive to Stone Town for shopping in the ancient streets of the island's capital before being transferred to Zanzibar International Airport for your trip back home via Dar es Salaam or Kilimanjaro Airport.

End of Services

Total cost per person for 14 Days/13 nights using above Hotels/Lodges or similar is:

- Price upon inquiry
- Email: info@elitesafari.com

Price includes the following services

- Arrival and departure airport transfers
- Accommodation single standard occupancy
- Activities and meals (vegan meals) as indicated
- All park fees, and government taxes
- Services of our own trained English-speaking driver-guide
- Game drives in Land Rover/Cruiser with pop up / flip-flop roof tops
- Bottled water/assorted soft drinks while on safari
- Unlimited mileage on the safari
- Half day spice farm tour
- Flying Doctors services
- Yoga instructor fees
- Domestic Flights

Price excludes

- International flights
- Passport, visa, and travellers insurance
- Other excursions in Zanzibar such as Stone town tour, Dolphin tour, fishing, snorkelling, scuba diving etc. can be arranged by hotels at extra cost
- Tips to driver-guide